

## **Efficacy of Homeopathic Drugs in Cases of Sexual Dysfunction & Disorder in Male**

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### **Abstract**

Among all types of sexual disturbance in men, disturbances of sexual function are the most important in clinical practice. These are classified by the segment of the sexual reaction cycle in which they arise (appetence, arousal, orgasm, and resolution). Partial functional impairment must be distinguished from dysfunction causing significant suffering and requiring treatment.

**Keyword:** Sexual, Drugs, Male, Female, Erectile Dysfunction, Ejaculation Disorders, Caladium

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### **Introduction**

Sexual dysfunction occurs when you have a problem that prevents you from wanting or enjoying sexual activity. It can happen anytime. Men and women of all ages experience sexual dysfunction, although the chances increase as you age.



### **Causes Male Sexual Problems...?**

Sexual dysfunction in men can be a result of a physical or psychological problem.

- Physical causes: Many physical and medical conditions can cause problems with sexual function. These conditions include diabetes, heart and vascular (blood vessel) disease, neurological disorders, hormonal imbalances, chronic diseases such as kidney or liver failure, and alcoholism and drug abuse. In addition, the side effects of certain medications, including some antidepressant drugs, can affect sexual desire and function.
- Psychological causes: These include work-related stress and anxiety, concern about sexual performance, marital or relationship problems, depression, feelings of guilt, and the effects of a past sexual trauma.

### **Erectile dysfunction (ED)**

When a man cannot achieve or maintain an erection appropriate for intercourse. This can occur due to:

- a problem with blood flow
- a nerve disorder
- an injury to the penis
- psychological problems, like stress or depression
- relationship issues
- Peyronie's disease
- chronic illness
- some medications
- ongoing ED can cause anxiety.

### **Ejaculation disorders**

Premature ejaculation is ejaculation that happens before or immediately after penetration. This is often a consequence of performance anxiety. It can also be due to:

- other psychological stressors
- sexual inhibitions
- nerve damage
- spinal cord damage
- certain medications

Impaired ejaculation occurs when you can't ejaculate at all. Some men, particularly those who have diabetic neuropathy, experience retrograde ejaculation. During orgasm, ejaculation enters the bladder instead of exiting out of the penis. Although this doesn't cause major medical issues, it can impair fertility. You should see your doctor about it if you have it.

### **Retrograde ejaculation**

This occurs when, at orgasm, the ejaculate is forced back into the bladder rather than through the urethra and out the end of the penis.

### **Loss of libido**

The definition of low libido is when sexual desire is diminished or absent. A reduction in sexual desire has been associated with low testosterone levels in men.

## **Oligospermia**

Oligospermia, sometimes called *oligozoospermia*, is a male fertility issue, where there are fewer sperm than normal in a man's semen. It is more plainly referred to as low sperm count. While semen can have varying concentrations of sperm, a normal ejaculate may contain between 40 million and 300 million sperm per milliliter of semen. A man is diagnosed with oligospermia if he has a concentration of less than 15 million sperm per milliliter of semen. In a case of severe oligospermia, a man's semen will have a concentration of less than 5 million sperm per milliliter. The total absence of sperm in semen is called azoospermia.

Low sperm count can be a problem if a couple wishes to get pregnant, because having fewer sperm decreases the odds that one of the sperm will fertilize the woman's egg naturally. Oligospermia is a common cause of male factor infertility

## **Homeopathy treatment**

Homeopathy is one of the most popular holistic systems of medicine. The selection of remedy is based upon the theory of individualization and symptoms similarity by using holistic approach. This is the only way through which a state of complete health can be regained by removing all the sign and symptoms from which the patient is suffering. The aim of homeopathy is not only to treat dysfunction but to address its underlying cause and individual susceptibility.

Following some therapeutic approach for Sexual dysfunction & disorder:

### **Caladium**

- Erectile dysfunction due to excess of masturbation.
- Penis relaxed with violent sexual desire.
- Erections when half asleep in the morning ceases when fully awake.
- Mentally and physically prostrated from sexual excesses and smoking or tobacco chewing.

### **Agnus castus**

- Penis relaxed with no sexual desire.
- Complaints after sexual excess or repeated attacks of gonorrhea.
- Feeble erections without sexual desire.
- Emission of prostatic fluid when straining for stool.
- Absent mindedness, despair, sadness.
- Premature old look due to sexual excess.

### **Nuphur Luteum**

1. Entire absence of erections and sexual desire.
2. Involuntary emission during stool or during urination.
3. Voluptuous thoughts do not cause erection.
4. Pain in testicles and at end of penis.

### **Sabal serrulata**

1. Sexual intercourse is very painful. Pain at the time of emission.
2. Wasting of testicles and penis feels shrunken.
3. General debility with marked sexual debility.

4. Apathy, indifference towards everything.

#### **Onosmodium**

1. Sexual weakness with headache and eye symptoms.
2. Constant sexual excitement, psychical impotence.
3. Loss of sexual power, deficient erections.
4. Muscular weakness and tiredness. Acts as if born tired.

**Lycopodium** – Homeopathic medicine for sexually long time performance:

Lycopodium is the great remedy in Homeopathy useful for long lasting erections. In fact, the lycopodium patient must possess the following characters.

1. Wrinkled forehead
2. Gastritis feels relief after passing flatus.
3. Early ejaculation
4. Desire for sweets
5. Miserable people
6. Manipulative mind
7. Psychological cause: no excitement with own partner

#### **Selenium Metallicum**

1. Tickling and itching in genitals
2. Pollutions with the flaccidity of penis
3. Discharge of semen, drop by drop, during sleep
4. Itching especially in scrotum
5. Impotence with lascivious ideas
6. Thin and scanty semen
7. Debility and peevishness after coition
8. Gonorrhea

#### **Yohimbinum**

1. This Homeopathic medicine is an aphrodisiac that works as an agent to increase sexual desire.
2. Yohimbinum is also the best Homeopathic remedy for Neurasthenic Impotency.
3. The neurasthenic state covers various aspects like lack of interest in sexual activity, deficient erection, extreme weakness, irritability and sadness.

Other important medicines are Phosphoricum Acidum, Damiana, Tribulus Terrestris, Graphites, Avena Sativa etc.

#### **Conclusion**

Our aim is to provide natural performance boost up with the power of medicine. Homeopathic sexual wellness medicines are well known for their beneficial effect in the sexual sphere treating concomitant factors like anxiety, depression and fatigue. Homeopathy works constitutionally in rectifying psychological issues like depression, stress or performance anxiety that lead to ED. Supports both male and female sexual desire and vitality, Non-hormonal, safe and effective.

Facilitates normal reproductive function while improving virility without any side effects. Homeopathy acts on the ageing affects of tissues, stimulating detoxicant cellular mechanism and restoring efficacy of aluminous molecules

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